

Have 2 boxes that are roughly the same height, a couple small action figures (or similar), maybe a small house or campsite, building blocks, Legos, etc.

Have you ever been to or seen pictures of the Grand Canyon?



It is massive! The cliffs on either side of the canyon's river are steep and almost completely vertical in some places. Let's recreate the Grand Canyon with these boxes. Now let's place someone on one side of the canyon and this house on the other. Our friend has been out exploring and is hungry and tired. He sees a house on the other side and desperately wants to go ask if he can have some food and a place to sleep. But...there is a huge drop, river, and another cliff in the way.

What does he need? Can you build a bridge for him to get across?

Now why did I have you do this activity when we are supposed to be talking about prayer? It is a perfect picture of the type of prayer we are talking about today.

#TargetPractice: What is intercession? intercession is going between. Acting on behalf of another person. Or another way to put it...bridging the gap for someone.

Basically, intercession is praying for others. They have a need. You pray for them, reaching out to God for help on their behalf. Kinda like building a bridge for this figure to reach the house.

Discuss these with examples:

Sometimes this is praying with the person, agreeing that God will move to help them in their need.

- "For where two or three gather in my name, there am I with them." – Matthew 18:20

Sometimes this is praying for them when they can't pray for themselves. (like when sick, they don't have words, etc)

- "Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words."
Romans 8:26

Sometimes this is praying for them when you see they are needing something from God but they don't even realize it themselves (like salvation).

- "Brothers and sisters, my heart's desire and prayer to God for the Israelites is that they may be saved." Romans 10:1